



Langshott Leadership Foundation

# Letter from Langshott

2nd January, 2022

My Dear friends and creative thinkers,

## **"Your true self is vibrant in the grey margin"**

My wish for the New Year is for all to have a new mindset – mental attitudes and inclinations – to identify stereotypes and give them a fresh look. Stereotypes are our stored fixations to give ready responses to what happens around us without exercising the thinking faculty because the mind has been already told what is right and what is wrong.

But seated between the rigid right and wrong, or black and white, is the grey margin which is a spawning ground for original and independent thought. Our state of the mind plays a vital role in our daily life. How we look at or respond to our surroundings determines what we bring to ourselves. The grey margin is the personal sacred space everyone is empowered to cultivate, but they have to extricate themselves from the compulsion to give a snappy emotion-based response to any situation. Driven by preconceptions we react instinctively and reach quick conclusions about people or situations, often to our detriment. This is ignorance or prejudice, a preconceived opinion without any basis resulting in societies becoming polarized into hostile factions. Unhealthy societies are produced in the factories of dull minds.

Those who habitually exist in the grey margin are flexible free-flowing minds without many preconceptions. They give space to everything without prejudgment. Characterized by selflessness and tenacity they have the esoteric qualities to maintain equanimity and neutrality in all situations. Their mind culture fosters supreme optimism and vibrancy. Their uniqueness is the ability to endure the news of all kinds of worldly challenges, human strife, and extreme grief without being melodramatic, so they may rise above them.

***So, an ideal gift to give to self would be a new mindset.***

Be blessed.

**Anil Kumar**

# Blogs



## Communing with self

Not praying nor meditating, communing is a practice of consciously coming intimately close to one's inner-self

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## Perspective

Whilst in the middle of my shopping at a mall I sat on a bench for a little rest next to an old man. His...

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## Inspiration

My music was placed in me at birth. Let me play that.  
If I try to be like someone else, then it is the end of me.  
Imagine what would happen if the sun tried to be like the moon.

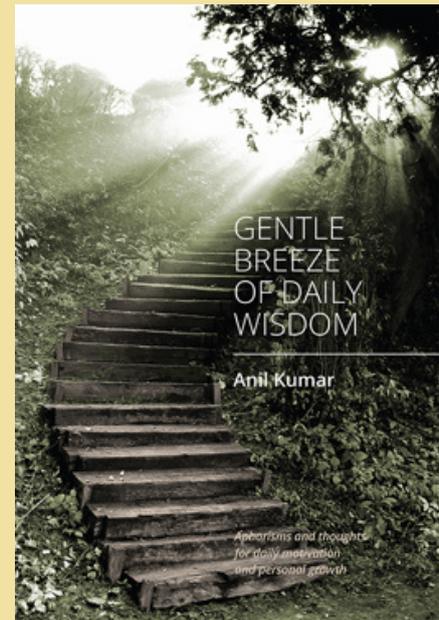


# Books by Langshott (Anil Kumar)



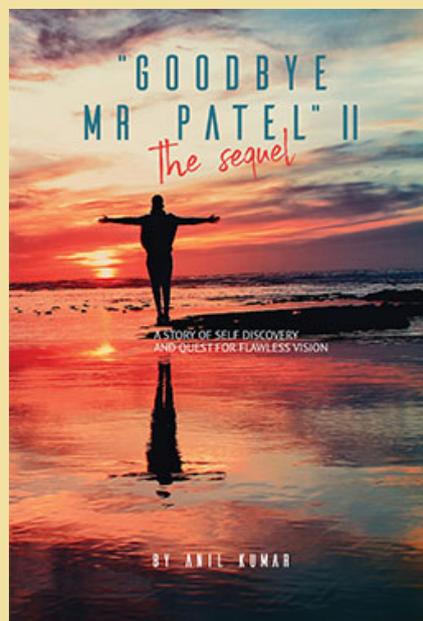
## Goodbye Mr. Patel

Hard Cover & E-Book



## Gentle Breeze of Daily Wisdom

Hard Cover



## Goodbye Mr. Patel II - The Sequel

Hard Cover & E-Book

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