



Langshott Leadership Foundation

Letter from Langshott

Dear Friends & Creative Thinkers,

13th February, 2022

'Piercing kindness is casually paying the toll charge for the car behind 'ak

Any random act of kindness is a perfect expression of synchrony with the Creative Force. It is like epitomizing the Divine – to give, create and nurture without keeping a record of deeds done and expectation of any return. It is a selfless on-the-spur-of-the-moment act of humanity to make someone feel that they matter.

Any act of friendliness creates powerful bi-lateral and multilateral ripple effects whose waves touch both the performer and recipient of kindness. If you pay the toll charge for the next motorist behind you, imagine how they feel when the toll collector says your fee has been paid by that car in front. This simple act of generosity will electrify the moment for both the motorist and the toll collector. It will create in them a sense of awe, wonder, and gladness. Both will remember the simple but powerful gesture and take it home to share with others who, on hearing the story, will be filled with amazement that there are anonymous tender-hearted, and friendly people who have the knack to touch people's hearts with cute little gestures which make lasting impressions.

You may think you casually left behind an insubstantial change at the toll window, but the effect was to put numerous minds and hearts on a common wavelength of gratified inner states.

The presence of such unifying coherence can only be the making of strong and peaceful communities.

The majesty of an act of kindness is not in its being quantifiable, but in the rampant positive effect it has on the environment.

The takeaway for all is:

Never beg for kindness, instead be of a mind that is broadcasting supreme kindness to the environment on a pure and holy wavelength.

Be blessed.

Anil Kumar

A passage from The Sequel to 'Good Bye, Mr. Patel' by Anil Kumar First Published in 2018.

New postures in life create new habits and a new person begins to emerge. The old ways are not simply set aside, but actually erased from memory. New habits give gratifying and heart-warming results and soon become life-enhancing fresh beliefs that make a permanent home in the subconscious mind.

The very first change in my stance, to be my previous normal self, was to restore my state of gratitude to Nature for gracefully giving me two eyes and a great deal more.

"Gratitude and attitude are not challenges; they are choices."

Robert Braathe

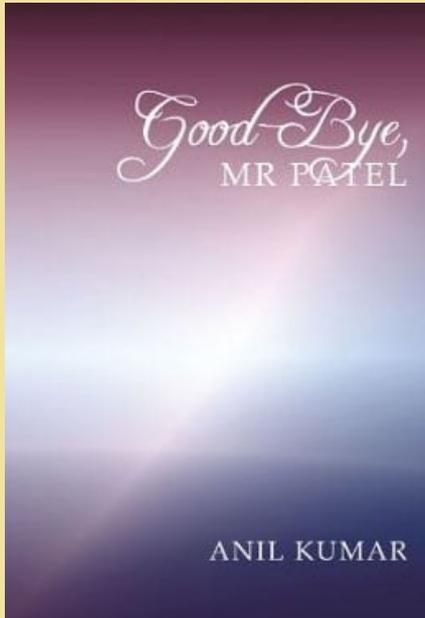
This spurred me to invest in a brand new S Class Mercedes - which I did. I also acquired a new set of golf clubs. Now more than eight years later, I am still driving to work, managing to play regular golf, and have written and published 'Gentle Breeze of Daily Wisdom', all in the currency of gratitude. The point to note is that, because I live each day in a state of gratitude for what I have been granted, Nature has been so gracious to me, and not the other way round.

"If a fellow isn't thankful for what he's got, he isn't likely to be thankful for what he's going to get."

Frank A. Clark

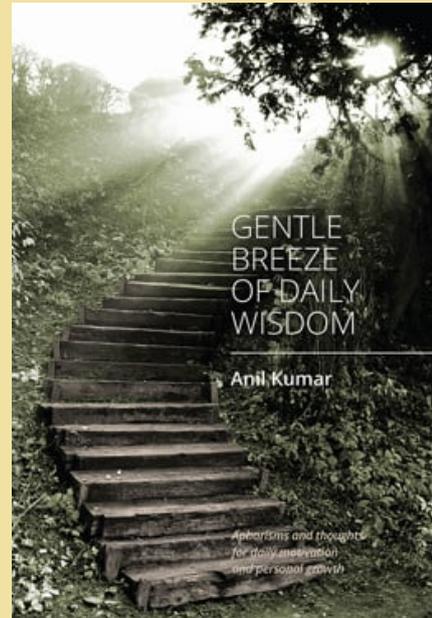
I dread to think what state my life would be in now if I had buckled under the assertions of the care professionals, well-intentioned as they may have been, to prepare me for adversity and be resigned to living a restricted life. My insights tell me that they were routinely and unthinkingly performing from within an illusion that it was their duty to do what is an accepted practice. That is what they are taught by the system, not what they have learned through inquiry or self-realization.

Books by Langshott (Anil Kumar)



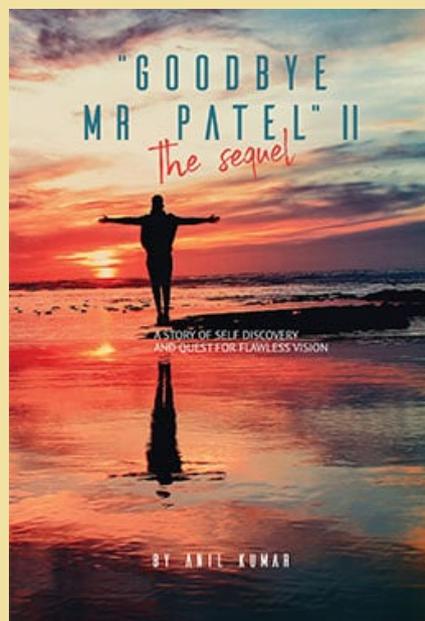
Goodbye Mr. Patel

Hard Cover & E-Book



Gentle Breeze of Daily Wisdom

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Goodbye Mr. Patel II - The Sequel

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