



Langshott Leadership Foundation

# Letter from Langshott

Dear Friends & Creative Thinkers,

13th March, 2022

## **The Butterfly Effect**

The butterfly effect is a metaphor for small actions manifesting gigantic outcomes - a butterfly flapping its wings causes a typhoon in the distance. Humans are also endowed with extraordinary powers to effect similar feats. This talent though is common only to the few and rare hardened practitioners.

However, in small ways, we, mere mortals, can and do also influence our immediate surroundings, mainly without any awareness of it though. As has been said and widely understood, we are spirit beings, but this true spiritual form remains suppressed because of our indifferent inclinations and disbelief that there is any tangible benefit to be had from living in, wearing, and parading this form. The wretched limited mind and thoughts keep us trapped in our physicality, unlike butterflies which harmlessly hover in the garden unbridled without being judgmental about which flower they home in on. To freely roam the atmosphere as agents of Nature and imbibe nectar and pollinate flowers, is their inborn inclination.

On the other hand, we are so shackled that we fail to realize that **we are equipped to expand and flap our consciousness to project our intentions and auric presence over long metaphysical distances at once across time and space.**

This blog has nothing to do with butterflies but has relevance to the present war in Europe and how we, seemingly insignificant mere mortals, can help bring a peaceful resolution to the conflict. WE ARE NOT HELPLESS. The fallout in Europe has wide-ranging implications for the entire population of this Planet. The trade and other sanctions are a forceful multi-faceted sacrificial approach that uses leverage to gain the advantage but at the expense of inflicting all-around hardship upon innocent human populations. It is a process that uses duress and coercion, not conciliation and free will.

### **The ripples of adversity spreading throughout the world can be negated by counter ripples of peace and unity**

To bring to bear a positive and constructive influence, we have to:

- garner and awaken the uncanny sense of connectedness we are endowed with. The sense of connectedness is ultimately the realization of oneness which ushers in sympathy, empathy, love, and compassion.
- be individually and collectively filled with peace and love we desire deep within ourselves in a meditative communion state.
- have the intention to project our inner state to the Universe; **'when you speak to yourself, you are talking to the Universe'** who is our supreme coworker.
- tune ourselves to draw our target populations to us to establish a connection and commence subliminal influencing for them to begin subconsciously emulating the conditions we have created inside ourselves. The subliminal exists just below the threshold of conscious awareness.
- simply be focused on the desired end result.
- be the anonymous butterfly dedicated to being in harmony with its natural inclinations to promote peace, growth, joy, and beauty for all life to thrive on.
- daily contemplate this condition patiently.

When all you have is a prayer, then there is no battle.

### **In extreme hardship, use every divine weapon Nature has gifted you.**

What must long precede a war  
is the intense battle in the heart  
to curb hatred and anger,  
and verve of courage  
to extend a subliminal hand  
of friendship to your adversary.  
Win that battle and you win  
not only the war but the world.

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Be blessed.

**Anil Kumar**

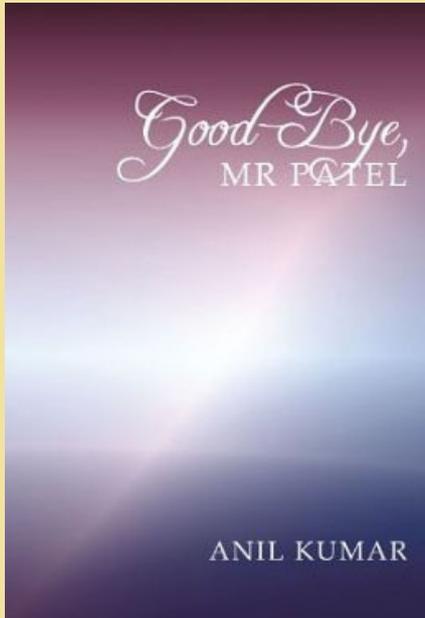
## **A passage from The Sequel to 'Good Bye, Mr. Patel' by Anil Kumar First Published in 2018.**

It is said 'There are no friends or enemies in life, only teachers.' Everyone we come in contact with has something to tell us about ourselves. I come across, and quickly latch on to, many instances of warped thinking in the course of daily living which, I hasten to add, does not exclude me.

One encounter with a man I once met six years ago at a social function opened a whole new world for me. He had just retired from work in Indian Railways. He said rather smugly that he had fulfilled all his social and family obligations, had always given to charity in spite of his modest resources, he was an upright citizen, a strict vegetarian, did not cheat or bribe, was a devout follower of his guru's teachings, prayed and attended venerations in the temple and was now going away 'in search of God'.

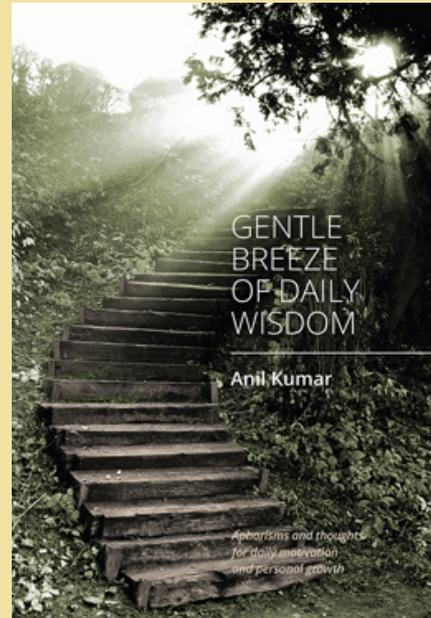
He was somewhat stunned when I retorted that it was a 'foolish idea'. "What do you mean foolish?" was his rejoinder. "Where do you think 'God' is?" I asked. "Well, I suppose everywhere!" he guessed. I challenged him "In that case, how can you find something that is totally everywhere, and if it is everywhere, are you not in it, and is it not in you?" Now I was being a bit smug. I even quoted Swami Vivekananda "A man may have never entered a church or a mosque, nor performed any ceremony; but if he realises God within himself, and is thereby lifted above vanities of the world, that man is a holy man, a saint, call him what you will." He gazed at me quizzically. Not the surrendering type, but a bit animated and seemingly at his wit's end, he countered "The trouble with you young educated types is that you think you know everything, in fact you behave like little gods. You can keep your knowledge to yourself and let us, humble creatures, follow what we have been taught." He was content with what he had learned from living on the fringes of religion and not in the least keen on leading an inquiry into teachings received. However, I learned my first lesson – avoid debating matters of God and religion because no one knows enough – certainly, I don't.

# Books by Langshott (Anil Kumar)



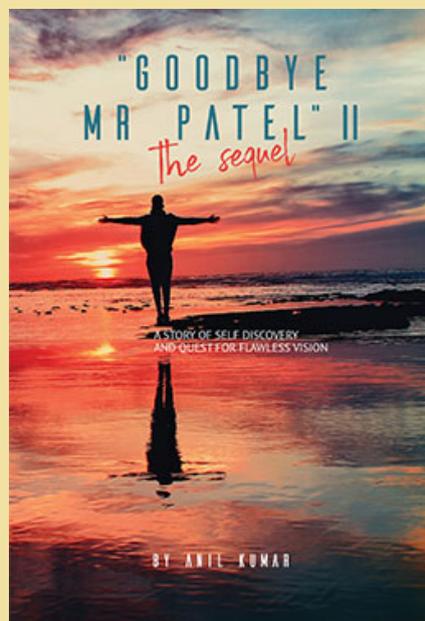
## Goodbye Mr. Patel

Hard Cover & E-Book



## Gentle Breeze of Daily Wisdom

Hard Cover



## Goodbye Mr. Patel II - The Sequel

Hard Cover & E-Book

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