



Langshott Leadership Foundation

Letter from Langshott

10th April, 2022

Dear Friends & Creative Thinkers,

The Best Three Words (1)

As time matures, the materiality of life transmutes into a compendium of uplifting experiences which gain value when an aspiring person asks you to share your wisdom in three words.

Here is what I was lavishly supplied with when I asked an old owl:

Be in balance

The cosmos is in perfect balance. Be like it. Mean what you say, and say what you mean. Walk like you talk, and talk like you walk. There are no accolades for living a counterfeit life to simply impress others and be accepted. Your true and gracious self-presentation will ultimately earn you love and respect. Greatness and recognition are not sought after but are the result of being an authentic individual, ever unwavering and in equipoise. Match outward success with inner depth of effectiveness of relationships with other people and likewise maintain work and personal life equilibrium.

Give up addictions

Addictions are persistent dependencies on harmful substances or behaviours which diminish the worth of a normal life. Start living before you die. Stop fighting your addiction and start seeing it as your expired preference. The need to fight is only when you see an enemy. See no shame in having been an accomplice of your addiction; at least it has given you valuable lessons. Now issue an eviction order to it and end your partnership. Then you will have command over yourself and break the foothold of this unworthy lodger squatting on your mind. You will experience a veritable release from the hold of a dastardly tormentor. You will then truly know what it means to be free of any debilitating influences.

cont.

Focus on wants

Trust and live in the perfection of the energy system of the Universe. Deliberate over what you want, not what you fear or wish to avoid. More importantly, want what you already have, which means gratefully embracing and caring for what you have been granted. The Universe gives more of what you are thankful for. Cultivate a mind soaked in abundance. Live by the adage 'My every genuine demand is met by the Universe'.

Harness your thoughts

You are an outcome of your thoughts which weave your inner and outer garments. Let good thoughts flourish and others perish. Thoughts have the power to enable you to create your circumstances and even make you a seer of your future. So, be aware of your thoughts. Then you will know there is a thinker of your thoughts and their observer, your authentic self, sitting inside you. Your thoughts will reveal this aspect of you to yourself which is the divinity in you, and that truth is all there is to realize in life. Let your life be ruled from that place that also holds the black box of your conscience.

Believing is seeing

'Seeing is believing' is for those basking in the dull light of unawareness. The reality is that 'the seen comes from the unseen'-'Believing is seeing'. An ignorant mind, unaware of its creative talent, wants to see evidence before it believes anything exists. But, the mind first believes what the eyes will see. Belief is faith without proof. Everything exists in the Energy System of the Universe which the creative mind is able to tap into. The contractor first sees the whole building in the recesses of his mind before he starts to lay the foundations physically. What you envision passionately with a clear mind and total faith without any doubt is ultimately delivered because your mind has broadcast the algorithms of its design to the responsive Universe.

Commune with Self

Find moments of solitude in search of solutions to seemingly insurmountable personal problems. State earnestly what you want and then trust the force of Nature to deliver. Don't be under any misapprehension – when you talk to yourself you are talking to your Maker which is about sharing your intimate thoughts and feelings with your secret ally who wants you to know, trust, embrace, befriend, ask, use and thank Him.

I will share with you some more of these gems of three-word-wisdom next week in part (2).

Be blessed.

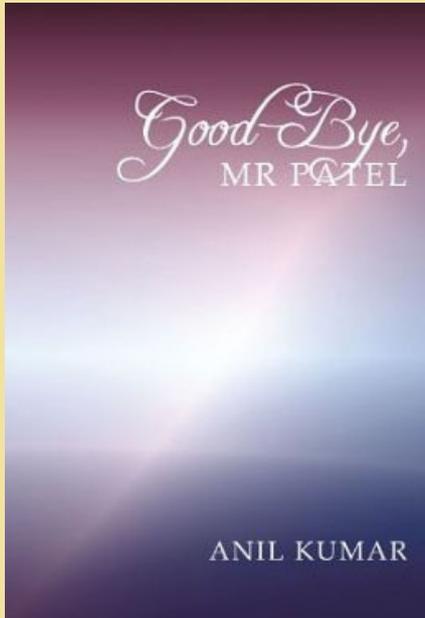
Anil Kumar

A passage from The Sequel to 'Good Bye, Mr. Patel' by Anil Kumar First Published in 2018.

Come, trawl through this work with me. It will keep us together until we learn that we are individual strands of the same fabric – the grand matrix of existence. This is the deepest level where we come together and experience connectedness for the first time. Here, we will realize that whatever we do to a fellow human, we actually do to ourselves, for in this quantum field there is no here and there, or you and me.

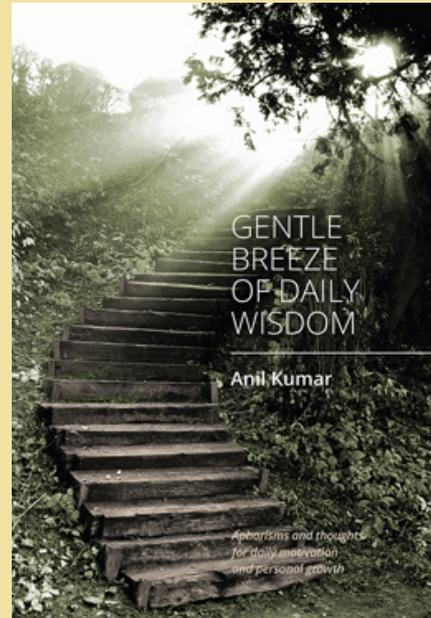
The title 'Good-Bye, Mr. Patel' suggests that when we let go of the ego, the 'me', when we gain release from the trappings of our environmental conditioning defining us, we will usher in the true and wonderful realities of the higher state of living. It is the ego that creates the delusional sense of self and prevents one from truly understanding oneself. I will share with you how I am learning to live daily in awareness of my inner workings to reveal dimensions in us not ordinarily perceptible.

Books by Langshott (Anil Kumar)



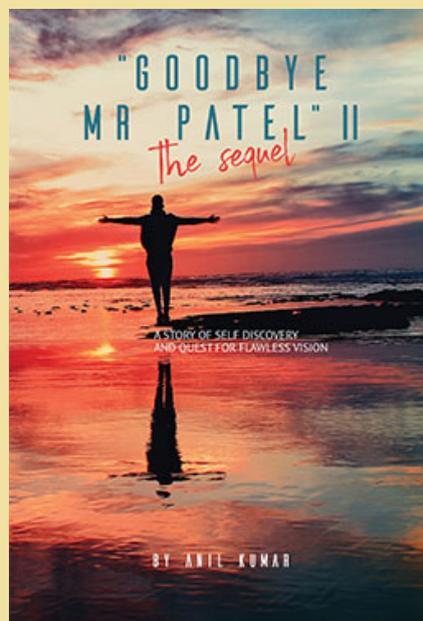
Goodbye Mr. Patel

Hard Cover & E-Book



Gentle Breeze of Daily Wisdom

Hard Cover



Goodbye Mr. Patel II - The Sequel

Hard Cover & E-Book

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