



Letter from Langshott

My Dear friends and creative thinkers,

3rd July, 2022

Self-Empowerment

The need for respect is universal.

It is not the prerogative of a few.

Everyone needs it.

Loss of respect can drive a man to any length.

Self-empowerment is very simply a process of taking responsibility for and control of one's own deeds and actions and ultimately life, governed by one's own values, principles, and beliefs embraced in a working creed.

A coherently compiled and internalized working creed, self-awareness, dedication to life goals & objectives, and the free will to confidently and without inhibition express own views & opinions and make independent judgments are the hallmarks of self-empowerment that take root when one is growing up.

Self-respect is one of the prime ingredients for self-empowerment that begins to manifest itself when one is maturing in awareness of personal status at home, at work, and in society.

To respect oneself means to have a deep sense of personal dignity, to allow self to come to the fore, to let one's own light shine, to be fearless in the face of all challenges, to value one's opinions and feel worthy of oneself in absence of any disempowering notions like 'I am a lesser person'.

Every self-respecting person has feelings, emotions, and desires to be liked and appreciated.

To respect oneself, or another human being, even one's adversary, is most of all self-empowering.



It is in self-empowerment that a person truly begins to feel liberated. That is because **self-empowered individuals do not depend on others to make them feel good about themselves.** They are driven by a clear and meaningful purpose, and the strength to fulfill it is derived from deep within.

A person who loses self-respect may undergo a massive internal transformational shift to regain it.

When Mahatma Gandhi was ejected from a train in South Africa for travelling first class, his dignity, morale, and spirit were so hurt that lying on the platform, this barrister who was on a mission to represent a client in a legal dispute, saw the entire British Empire crumble right before his eyes.

That is how powerful his resolution was to eradicate all iniquitous treatment and subjugation of men by men in power. What happened thereafter is history.

An episode in the life of Dedan Kimathi, a Kenyan freedom fighter of the Kikuyu tribe, is a wonderful example that portrays the need for respect as universal, and any human being will go to any length to regain lost respect. Kimathi joined the freedom movement after being slapped by his white master in presence of his little boy. This turned him into a fierce freedom fighter from being a humble farmhand. Dedan stated to this effect, "I joined the movement for the independence of Kenya, and to remove the foreign masters from my country so that no man ever has to suffer such indignity, and no little boy would have to lose the hero in his father – that no father is made to appear to his son as a feeble, helpless servant of a foreign master." This is truly an amazing account of the length to which someone, who thinks he is a fallen man, can go to be self-empowered and regain self-respect.



Self-empowerment is not any kind of authority wrested by or vested in a person to exercise power or domination over others. It is about the power within self to reason, perceive and think independently, and confidently generate bonhomie and goodwill. The self-empowered are self-assured and extremely optimistic individuals, especially in challenging conditions. Being of independent mind, they do not accept anything without proper analysis, reason, and understanding, and only when it agrees with them, do they accept it and then live by it. They are fully dedicated to practical education and self-development. Their strength of character is what makes them stand out from the crowd.

**You are self-empowered when your
entire conduct and deportment
are guided by the esoteric force deep within you,
not anywhere external.**

Be empowered,
Anil Kumar